

## FUMC-New Braunfels, TX



### Welcome Babies!

Ava Renee and Austin Allen on 4/30 to Allison Nitsch  
Layton to Kristi Bayless on 5/30  
Ava Elizabeth born on 1/28 and welcomed home by Lori Brown on 6/3  
Ava Lynn to Richelle Lux on 6/15  
William Reece to Catie Bird on 7/19  
Greta Kay to Amy Payne on 7/30

Are you expecting? If you are pregnant and ready to announce the good news, tell your group leader or Mandy. We'll circle up the whole group and let you blow out the candle!

### **AUGUST BIRTHDAYS!**

Lisa Johnson 8/2  
Kristin Rush 8/9  
Clarisa DeSanto 8/11  
Rhonda Unruh 8/13  
Leah Salas 8/19  
Kelsey Heiden 8/21  
Lori Brown 8/26  
Najla Gergab 8/29



## AUGUST 2012

Most of all, love each other as if your life depended on it. 1 Peter 4:8 (Message)

### **Welcome to MOPS!**

Thank you so much for joining us for the 2012-2013 MOPS Year! I, Mandy Stewart, will be the coordinator for MOPS New Braunfels, and I welcome you.

Our theme this year is "**Plunge: Love as if your life depended on it!**" Taking the plunge in relationships is being authentic and going deeper. In a MOPS group, relationships offer hope to moms, especially as moms go deeper and take risks to create authentic community" and will focus on the Bible verse "Most of all, love each other as if your life depended on it." 1 Peter 4:8.

Motherhood can and will be a challenging experience at times, and with the support of other mothers, it can make things seem a little easier. MOPS is a great place for mothers to get the support we all need and know that we are all in it together.

MOPS is a Christian based, social support group for mothers with children under the age of 6. Our local chapter was started in New Braunfels in 1995 and has been going strong ever since. MOPS is a place where mothers can get together to laugh, share, learn, grow, cry, and most importantly, where we can support each other.

Some meetings you come to, you may be in need of support or just a few reassuring words to help you through your day. At other times, you may be the one to give a word of encouragement to help another mother get through a difficult time. We all need other mothers to lean on and share our challenges.

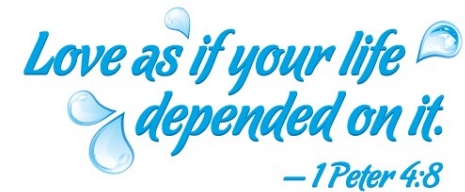
We are so excited about this upcoming year and hope you thoroughly enjoy your time with us at MOPS. Please feel free to contact me or any member of our Steering Team if you need anything. We are so glad to have you with us!

-Mandy Stewart, Coordinator

Better Moms Make A Better World



**Mothers of Preschoolers  
FUMC New Braunfels  
August 2012 Newsletter**



**JOIN THE CONVERSATION  
ON FACEBOOK:**

1. Go to NB MOPS on [Facebook](https://www.facebook.com/nbmops) (facebook.com/nbmops)
2. Click on 'LIKE' to see MOPS updates in your newsfeed.
3. Click on 'Message' to send the admin a request to join the private NB MOPS Facebook group.

**CHECK OUT THE [NBMOPS BLOG](http://newbraunfelsmops.blogspot.com)  
newbraunfelsmops.blogspot.com  
Where you can find:**

1. Newsletters
2. Info on play dates and activities
3. Helpful Articles
4. Links to community calendars.
5. How to advertise with MOPS
6. MOPPETS information
7. Monthly Recipes
8. Steering Team Contact Info

**CONSIDER FOLLOWING MOPS  
INTERNATIONAL ON [FACEBOOK](https://www.facebook.com/MOPS.Int)  
facebook.com/MOPS.Int**



**New Facebook Fun-Days**

**MORE ABOUT ME MONDAYS** - post something new about yourself  
**WORDLESS WEDNESDAYS** - post a fun picture worth 1,000 words  
**FUNNY STORY FRIDAYS:** Did your kid do something crazy this week? Tell us all about it and make someone laugh on Fridays.

**September Meeting Topic: Health in Relationships**

We will be discussing Health in Relationships. From friends to siblings to parents to kids to spouses and significant others, you will definitely learn something this month, don't miss it!

**MOPS Fall 2012 Service Project**

For Fall 2012, MOPS New Braunfels has selected [Communities in Schools](#) as our service project. Ask your group leaders how you can help support this fantastic organization whose mission is to surround students with a community of support, empowering them to stay in school and achieve in life. We will be collecting folders, dry erase markers, coats and clothing to name a few things.



**\*\*\*FREE Child Care \*\*\***

Did you know that child care is available during our monthly MOPS meetings? Reservations are required! Registration must be done through Sign-Up Genius and the link will be provided online prior to next month's meeting. We want to make sure every mom is able to come enjoy MOPS! Drinks and snacks are provided for the kids!



## Mothers of Preschoolers, FUMC New Braunfels August 2012 Newsletter

### 2012-2013 Leadership Team

Mandy Stewart	Coordinator	210-289-7773
Leah Salas	Finance	210-316-2403
Christine Henley	Publicity	210-392-8223
Ellen Koellner	Publicity	830-822-1539
Michelle Beck	Hospitality	432-770-0743
Lori Brown	Hospitality	512-826-6025
Colette Henneke	Hospitality	210-414-9612
Alisa Webb	Hospitality	303-522-3060
Kristen Carden	Group Leader	830-609-8951
Clarisa De Santo	Group Leader	512-757-7756
Bonnie Dunk	Group Leader	830-660-0026
Terri Kohleffel	Group Leader	210-391-4630
Shauna Mahany	Group Leader	830-237-6564
Stephanie Shook	Group Leader	210-845-4553
Alicia Vanlandingham	Group Leader	210-687-8690
Jenny Wallace	Group Leader	979-220-3777
Kathy deBerjeois	Mentor Mom	
Tears Grandjean	Mentor Mom	



Find us on  
**Facebook**

**NB MOPS**  
facebook.com/nbmops

### End of Year Recipe Booklets

MOPS Moms can really cook, so this year we want to put together a booklet of *all* the recipes *all* year through for everyone to have. So when it's your turn to bring food, be sure to bring your recipes with you too!!

### What MOPS Means to ME

MOPS has been an amazing blessing to me! The women I have met have been wonderful and the support they have given me has been very just what I needed. I would encourage any mommy out there to throw yourself into MOPS with all you have! Open yourself up to new faces, come to the meetings, join our Facebook Group, just get involved. MOPS is an amazing place to vent, get counseled, get lifted up, be yourself and be loved. Don't wait...just join! - Ellen Koellner, Publicity

### INVITE YOUR FRIENDS!

Or even that new mom that you don't "really" know at the gym, your church, your work, etc. There is no better way to grow and strengthen our group. Better moms make a better world. Make it a goal to reach out to 5 new moms this year, and invite them to join MOPS. One of them may become your new best friend!



### Plan Ahead - September Event

"Boo-Hoos and Yahoos" - Our annual back-to-school Moms-only Breakfast!

Tuesday, Sept. 11th at 9:30am at  
[Granzin's BBQ](#) - 660 W. San Antonio St.

### Upcoming Meetings

**Sept. 6th**

**Feb. 7th**

**Oct. 4th**

**Mar. 7th**

**Nov. 1st**

**Apr. 4th**

**Dec. 13th\***

**May 2nd**

**Jan. 3rd**

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[www.caringcenterforwomen.com](http://www.caringcenterforwomen.com)

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Carol Garner, RN, MSN, FNP, BC

Deborah Hall, RNC, MSN



First United Methodist Church  
NEW BRAUNFELS  
[firstumcnb.org](http://firstumcnb.org)

572 West San Antonio Street  
New Braunfels, Texas 78130  
Telephone: (830) 625-4513

Sunday Schedule

Worship: 8:30 AM  
Contemporary Worship: 9:45 AM  
Sunday School: 9:45 AM  
Traditional Worship: 11:00 AM  
Sunday School: 11:00 AM



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**Support businesses that support MOPS!**

# Support businesses that support MOPS!!

If you have a business and would like to donate MOPS meeting door prizes in exchange for advertising in our interactive newsletter, contact Ellen Koellner at 830-822-1539!



What group I'm in...

Who I met tonight...

Notes about my MOPS experience